***Cycle Club Bexley***

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

The Dave Ashdown Memorial Open 10 Mile Time Trial

(incorporating a Tricycle Association (South Eastern Region) ‘10’)

To be held at 15.00 hrs on Saturday 19th June 2021

Course Q10/24 – Grain

Event Secretaries:

CC Bexley: Richard Boxall TA: Mark Vowells and Handicapper

 9 Wessex Walk Penny Green

 Dartford Round Street

Kent DA2 7WE Cobham, Kent DA13 9BA

 Tel. 07831 866838 Tel. 01474 393402

Timekeepers: Dave Abbotts, Gravesend C C and Bob Aves, C C Bexley

CC Bexley Awards

1st, 2nd, 3rd, 4th on scratch £20, £15, £10, and £5

1st in each vets’ category vets’ A, B, C, D £10

A40-49, B50-59, C60-69, D70+

1st Lady, 2nd Lady, 3rd Lady £15, £10, £5

1st Junior, 2nd Junior, 3rd Junior £15, £10, £5

1st team of three £10 each

TA Awards

1st on scratch TA Gilt Medal 1st handicap TA Gilt Medal

Event headquarters: Stoke Village Hall, Mallard Way, Lower Stoke, ME3 9ST

Course: Q10/24 – Grain – Fenn Corner Roundabout – Grain

Start on A228 west of Grain Village 14 metres north of the lamppost GFY26 on Strood bound carriageway by a minor access road to the National Grid site, where the continuous white road edge line starts. Proceed west on the A228 to turn at Fenn Corner roundabout (5.07 miles). Retrace on the A228 to finish directly opposite the lamppost GFY19 (situated on Strood bound carriageway) (10 miles)

**COVID-19 CTT INSTRUCTIONS:**

1) Do not attend if you/your family members feel ill.

2) Park and walk with social distancing in mind. Bring and use a face mask.

3) HQ open only for toilets: 1 in, 1 out.

4) Bring your own pen to sign on and, if you need them to affix your number, your own safety pins. Please use the hand sanitiser at the signing on table when signing on.

5) No changing facilities are available at the HQ before or after racing; attend dressed to race and leave with the sweat drying on you.

6) Take with you when you race a compulsory rear light, a spare tyre/tube/tub and a mobile phone.

7) Please note you have to make your own way back in event of trouble – no collections offered. Please ring event secy. if you are a DNF.

8) No more than 5 riders, 2m apart, to wait at the start.

9) No items/clothing to be left at the start or with the timekeeper.

10) No push-off.

11) After racing, please sign out with your own pen (different to BC road races) and leave your number in the bowl of disinfected water.

12) No social, no drinks, no food and no prize presentation – sorry!

13) No result board – times will be posted on the CTT website as soon as possible after the event.

14) Please leave the car parking area in a timely fashion

Notes to riders

● It is approximately 3.5 miles from the HQ to the start – please allow enough time for this, and be aware that other riders may be racing on the course.

● No warming up on the course once the event has started.

● **Numbers** will be at the HQ and will be issued to riders after signing on, you must sign out or you will be classified as DNF.

● Riders should refer to regulation 16 – which states that **‘the number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position’**.

● Please remove racing shoes before entering the hall for toilet use only.

● Please do not perform U turns in the start or finish area or use these areas as a public toilet as offenders risk disqualification.

● In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Juniors and juveniles **MUST** wear such headgear.

● Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations. Riders must also ensure their helpers conform to the Regulation 22 relating to the use of vehicles during events.

● A working rear light, either flashing or constant, must be fitted to the machine in a position visible to following road users and active while the machine is in use.

● Rider feedback forms will be available in the HQ by the signing on desk, and can be used by riders and marshals to offer comments that could significantly improve safety.

● Have a safe and enjoyable ride.

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| No. | Name | Club | Hcp/Cat  | Start |
| TA Event |
| 1 | Mark Vowells | San Fairy Ann CC Ltd | 00.45 | 15:01 |
| 2 | Wayne Baker | Team Echelon | 06.00 | 15:02 |
| 3 | Trevor Oliver | San Fairy Ann CC Ltd | 18.00 | 15:03 |
| 4 | Adrian Hills | Eastbourne Rovers CC | 19.30 | 15:04 |
| 5 | Ian Pike | Lincoln Wheelers | Scr. | 15:05 |
| 6 | Richard Bailey | Redhill CC | 6.00 | 15:06 |
| 7 | Andy McCall | Thanet RC | 6.45 | 15:07 |
| 8 | Paul Ansell | CC Bexley | 14.30 | 15:08 |
| 9 |  |  |  | 15:09 |
| 10 |  |  |  | 15:10 |
| 11 |  |  |  | 15:11 |
|  |  |  |  |  |
| C C Bexley Event | CAT | START |
| 12 | Michael Bebbington | CC Bexley | A | 15:12 |
| 13 | Debbie Percival | Kent Velo Girls/Boys | B/L | 15:13 |
| 14 | Paul Blacker | CC Bexley | B | 15:14 |
| 15 | Paul Turton | Team Vision Racing - Silverhook | A | 15:15 |
| 16 | John McGlashan | Redmon CC | D | 15:16 |
| 17 | Robert Giles | PMR | D | 15:17 |
| 18 | Jo Hitchen | CC Bexley | B/L | 15:18 |
| 19 | Paul Morton | PMR | A | 15:19 |
| 20 | Mark Newton | Elite Cycling | B | 15:20 |
| 21 | Colin Robinson | Thanet RC | B | 15:21 |
| 22 | Daniel Fowler | Woolwich CC | J | 15:22 |
| 23 | Tallulah Butcher | Thanet RC | J/L | 15:23 |
| 24 | Bryn Matton | CC Bexley | A | 15:24 |
| 25 | Pete Elms | VC Deal | B | 15:25 |
| 26 | Paul Turner | PMR | B | 15:26 |
| 27 | Natasha Jarman | Southborough & Dist. Whs | A/L | 15:27 |
| 28 | Leah Brook | Lea Valley CC | A/L | 15:28 |
| 29 | Martina Ben-Shaul | Dulwich Paragon CC | B/L | 15:29 |
| 30 | Oliver Robinson | Thanet RC |  | 15:30 |
| 31 | Anthony Westwood | Gravesend CC | B | 15:31 |
| 32 | Laurence Toombs | West Kent RC | B | 15:32 |
| 33 | Phillip Edwards | CC Bexley | B | 15:33 |
| 34 | Jim O’Leary | GS Avanti | C | 15:34 |
| 35 | Antony Bee | Wigmore CC | B | 15:35 |
| 36 | Rob Moore | Shaftesbury CC | B | 15:36 |
| 37 | Andrew Gibson | Gravesend CC | B | 15:37 |
| 38 | David Smith | VC de Londres |  | 15:38 |
| 39 | Sarah McDonald | Larkfield AC | A/L | 15:39 |
| 40 | Simon Alexander | Richardsons-Trek RT |  | 15:40 |
| 41 | Alex Woolley | Abellio - SFA Racing Team | A | 15:41 |
| 42 | Gary Ricks | Woolwich CC | C | 15:42 |
| 43 | Nick Baxter | PMR | A | 15:43 |
| 44 | Eryka Smith | Deal Tri | A/L | 15:44 |
| 45 | Alex Pearson | Woolwich CC | A | 15:45 |
| 46 | Jeremy Parker | Metropolitan Police Cycle Club | B | 15:46 |
| 47 | Grace Dent | Project 51 | L | 15:47 |
| 48 | Matt Bristow | VC Deal | B | 15:48 |
| 49 | Murray Spencer | CC Bexley | C | 15:49 |
| 50 | Tom Rowing | Abellio - SFA Racing Team |  | 15:50 |
| 51 | Simon Henderson | Thanet RC | C | 15:51 |
| 52 | Andrew Bates | Colour Tech RT | B | 15:52 |
| 53 | Tanya Scott-Nason | Thanet RC | B/L | 15:53 |
| 54 | Elizabeth Ives | Woolwich CC | B/L | 15:54 |
| 55 | Jonathan Harris | PMR | A | 15:55 |
| 56 | Jennifer Allum | TORQ Performance | L | 15:56 |
| 57 | Reg Smith | Colour Tech RT | D | 15:57 |
| 58 | Sophie Driscoll | Thanet RC | L | 15:58 |
| 59 | Graham Strugnell | Kassei CC TeknoFuel | D | 15:59 |
| 60 | Nicholas Fennell | Thanet RC |  | 16:00 |
| 61 | Michael Porter | 34 Nomads CC | B | 16:01 |
| 62 | James Hayward | Woolwich CC | A | 16:02 |
| 63 | Ben White | Swale Tri Club |  | 16:03 |
| 64 | Kimmae Payn | Woolwich CC | L | 16:04 |
| 65 | Harry Ives | trainSharp Development Team  | J | 16:05 |
| 66 | Mark Valios | Partenza-Nude Espresso RT | A | 16:06 |
| 67 | Tom Morton | PMR | C | 16:07 |
| 68 | Jonathan Ives | Woolwich CC | B | 16:08 |
| 69 | Colin Marshall | 34 Nomads CC | C | 16:09 |
| 70 | Christopher Fennell | The Independent Pedaler - Nopinz |  | 16:10 |
| 71 | Gary Grayland | CC Bexley | B | 16:11 |
| 72 | William Burton | Cambridge CC |  | 16:12 |
| 73 | Stuart Strutton | Greenwich Tritons Tri Club |  | 16:13 |
| 74 | Antony Lockyer | VTTA (Kent) | A | 16:14 |
| 75 | Martin Jones | Colour Tech RT | B | 16:15 |
| 76 | Nick Elson | Woolwich CC |  | 16:16 |
| 77 | Mick James | Kassei CC TeknoFuel | C | 16:17 |
| 78 | Liam McLaughlin | Woolwich CC |  | 16:18 |
| 79 | Andrew Elford | CC Bexley | B | 16:19 |
| 80 | Robert Warner | MedwayTri |  | 16:20 |